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Crystal Stairs Partners with EnrichLA to Bring Fresh Fruits and Vegetables to Head Start Site in Compton

LOS ANGELES – OCTOBER 7 – Crystal Stairs has partnered with EnrichLA, a community wellness non-profit organization that builds edible gardens in local schools, to develop an edible garden at one of its Head Start sites. This project helps further efforts to support the Head Start mission of increasing access to nutritional snacks and meals in low-income communities. On October 8, the second phase of the construction will be completed.

Crystal Stairs is excited to join EnrichLA, and other community organizations, to support the building of school gardens. Through this collaboration, the two agencies are providing students in the South Los Angeles community with firsthand experience of planting fresh fruits and vegetables. Crystal Stairs hopes that the garden will encourage students to increase consumption and develop a fun and positive attitude towards growing their own fruits and vegetables.

The second phase of the Crystal Stairs edible garden project will take place on October 8 at the Sullivan Site, located at 725 W. Raymond Avenue, Compton, CA 90220. To become involved in the edible garden project, visit the EnrichLA volunteer page at <http://enrichla.org/volunteer/>. For more information on Crystal Stairs and its Head Start Program, contact the external affairs department at (323)421-2698.

About Crystal Stairs: Crystal Stairs is a Los Angeles-based nonprofit child care and development organization whose mission is to improve the lives of families through child care services, research and advocacy. Guided by our mission and values, our purpose is to promote empowerment and self-sufficiency, helping families ascend the metaphoric staircase of life. For more information on Crystal Stairs, please visit www.crystalstairs.org

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